

# Tour: The cradle of Zerafshan

HIGHLIGHTS: MILLENIUM VILLAGE VESHAB / MASTCHO BECK'S LAND

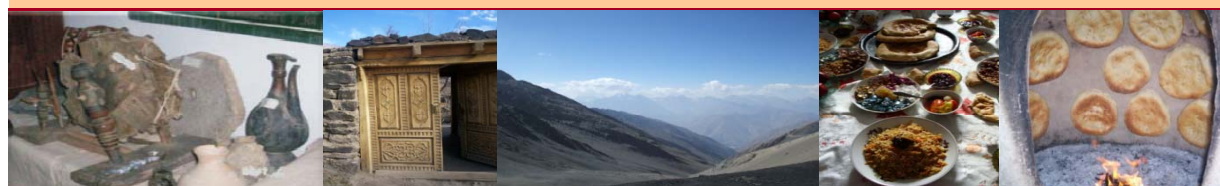
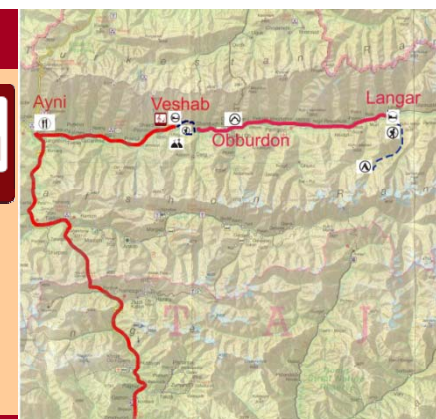
Features:

Category of difficulty: Easy and moderate hiking from 4 up to 7 hours a day.

You need to be reasonable fit to attempt this tour

Duration: 5 days / 4 nights Altitude : 2700m.

Services included in the tour: Local Guide, Transport from / to Dushanbe, 3 overnights at traditional home stays, 1 overnight in tents, full pension, folklore show.



## Interesting !!

“Zerafshan” from Tajik language means “the golden river”. The local people are strongly dependent on agricultural benefits and that’s why the river - main stream of the valley provides its inhabitant with the most precious resource – water.

## Itinerary

- 1- Day** Departure in Dushanbe on Friday evening. Driving from Dushanbe through Anzob tunnel to 1000 years old Veshab village, which is located in Ayni District. (183 km, approx. 6 hours) On the way a short stop in Ayni. Dinner and overnight at the traditional home stays in Veshab village.
- 2- Day HIKING DAY** After breakfast hiking to the summer pastures . (4 hours hike) The route will lead us through the orchards located in upper village part. Today as hundred years ago the irrigation system is supplying the orchards with water, with one distinction – at that time the pipes were made out of roasted clay materials. Picnic on the summer pastures. After short rest we will continue with descend through beautiful landscapes entering Veshab village in its lower part. The hospitable hosts will wait for us for the lunch. In the evening before dinner the surprise !! Dinner and overnight at homestays.
- 3 - Day** After breakfast we will explore the village. You could see the type of house building, which is unique architecture decision. The houses are built on the top of each other, and presents creativity of population, living in mountain area. We will visit old mill remained from the middle age and old house, which collects plants ever grew in this region. The villagers are very proud that famous scientist , philosopher and theologian of Islam Shamsiddin Tabrezi lived in Veshab. We will visit the mausoleum of him. After lunch we will go by car towards KUHISTONE MASTCHO District. In Obburdon village we will visit Obburdon fortress remained from the times of Kuhistane Mastchoh BEK (ruler). Dinner and overnight at the house of Fuzaili Kholov in Langar village.
- 4- Day .HIKING DAY.** After breakfast we will go by car towards Tabaspin Gorge. (10 km). The car will drop us on the highest point, where we will start our hiking. Towering mountains with hanging glaciers feeding the river, beautiful meadows and the narrow tabaspin gorge dotted with junipers are only some of the attractions of the hiking. For the lunch we will make a small picnic on the river bank. By evening we will reach the gold mining. Dinner and overnight in tents.
- 5.-Day** After breakfast free time. After lunch coming back to Dushanbe.

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